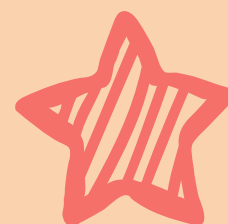


SPUN GLASS THEATRE

# FIRST INFO PACK

APRIL - JULY 2022



-LOCATIONS  
-DATES  
-BOOKING DETAILS

**TESCO**  
Bags of Help



Supported using public funding by  
**ARTS COUNCIL  
ENGLAND**

A woman with blonde hair is smiling and looking upwards. In the foreground, a baby wearing a white onesie is visible. The background is a light blue wall. The text is overlaid on a semi-transparent orange rectangle.

## WHAT IS IT?

First is a weekly group for parents/carers and babies **0-18 months**.

As a theatre company we love to create by being playful. In First sessions, we run a variety of **sensory, music, movement and creative activities** for you to experience with your baby, meet other parents, and relax.

We explore a theme each session - nature, seaside, summer to name a few. We also often work with visiting artists to create something unique together.

First workshops have **inspired over 500 parents and babies to create together** since May 2021. "It's creative, relaxing and full of good ideas to do at home. I honestly feel invigorated after the session and genuinely look forward to them each week." - parent feedback.

Refreshments are provided.

## A RESTORATIVE PLACE

We know that being a parent can be hard, all consuming, exhausting, anxiety inducing, messy but also wonderful and beautiful and life changing and everything in between! Especially in that precious first year.

As parents we can tend to put our needs last. We 'people-please' (not only just with our babies - I'm thinking with friends, in-laws, work colleagues, partners!). We try to be everything to everyone. This can take a toll, and if not careful can lead to burnout. Throw in a global pandemic and my goodness - Mamas/ Pappas/ Carers - you need some self care and connection! **That's why we have created a baby group that focuses on the needs of the parents as much as the needs of the baby.**

We have two facilitators leading each group; so one can focus on the parents and one can focus on the babies. Obviously you will still be with your child throughout but there might be times where the adults have a chance to discuss, reflect, take part in an artistic activity or make that well deserved cuppa!

**Baby changing, feeding, cuddling, crying are all welcome and expected.**





## WHERE AND WHEN?

### TUESDAYS

12pm

SOUTHWATER COMMUNITY CENTRE  
1 and 2 Stainsby St, Saint Leonards-on-sea, TN37 6LA

2pm

WRAP

83 Queens Road, Brighton, BN1 3XE

### WEDNESDAYS

10am

OLD BOAT COMMUNITY CENTRE  
Carden Hill Brighton, BN1 8GN

**Start dates:** Tue 26th & Wed 27th April

**Half term break:** w/c 30th May (no sessions this week)

**End dates:** Tue 19th and Wed 20th July

## ACCESS REQUIREMENTS

Please advise us if you have any access requirements and we will do our best to accommodate during the sessions/tell you about the accessibility of the venue.

## COST

**£8 per session**

**Block book 5 sessions and receive a 10% discount  
(£36 rather than £40)**

## FREE PLACES

There are some free spaces available in each location for parents on **Universal Credit, those under 25 and single parents.** Please contact us ([info@spunglasstheatre.com](mailto:info@spunglasstheatre.com)) to reserve a free place if any of the above apply.



## BOOK YOUR PLACE

Places can be booked via Eventbrite:

### ST LEONARDS

Tuesdays 12pm  
Southwater Community Centre

[BOOK HERE](#)

### BRIGHTON

Tuesdays 2pm  
Wrap Play Cafe

[BOOK HERE](#)

Wednesdays 10am  
Old Boat Community Centre

[BOOK HERE](#)

## CONTACT

[spunglasstheatre.com/early-years](https://spunglasstheatre.com/early-years)

[info@spunglasstheatre.com](mailto:info@spunglasstheatre.com)

If you would like to attend but are having difficulty with the payment methods please do feel free to send over an email. We are always willing to talk and try our best to accommodate individual needs.

## THIS IS A SPACE FOR YOU

We hope you enjoy your 90 minutes each week and it keeps you restored for the week ahead!





## SPECIAL PROJECTS

We often run one-off special projects for parents and babies as part of the weekly workshop programme or in special locations.

First has been host to a visual art project currently exhibited at The Place Bedford (pictured) - a sound recording project documenting experiences of early parenthood - contemporary dance performances and much more!

## UPCOMING PROJECTS

Outdoor session at Brighton Open Air Theatre  
20th April

Join Spun Glass Theatre for a special one-off First workshop session at BOAT this Easter! The beautiful amphitheatre of BOAT will be transformed into a play space for curious babies and their intrepid parents to make music, explore movement, and hear some lovely stories.

<https://www.brightonopenairtheatre.co.uk/event/first-baby-parent-workshop/>

We are planning two creative projects for this summer - bringing together parents and babies from our weekly workshops and professional artists to create together.

We have food bank partnerships in London, Brighton and Sussex and we would like to create an activity pack in the workshops which will be distributed along with food parcels to families. The pack will be inspired by the beach in Brighton and St Leonards.

## THE BABY SPACE

We are also developing a new theatre space especially for parents and babies to watch live performance in the most comfortable way - the designers of The Baby Space will visit each group to test out ideas and their creations with the best experts around - the babies!

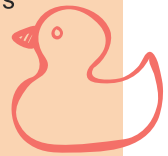
And much more to come...



# SAFE SPACE GUIDELINES

We have a confidentiality safe space agreement within each of our groups. We kindly ask that if anything is discussed, during any exercises or general chats or storytelling that those things stay inside the room unless the person wishes to talk further. This just creates a safe space to talk with clear boundaries and respect for one another. We also will guide conversations if we feel they are of an upsetting nature and have an open door policy here at Spun Glass Theatre which means within the sessions feel free to talk to one of the facilitators if there's anything you are unhappy about but also feel free to call or email us at any time.

We are guided by government guidelines and the Early Years Alliance on Covid safety for this age group.



## Health and Safety/ Covid Guidelines/ Further Information

1. First: In line with above we are operating a "mask-to-mat" policy and ask you to wear a face covering in any situation where social distancing is not possible but to remove your masks (if you are happy to) when you are sitting on your mat and communicating with your child. Make sure masks are put away out of reach of children when not in use. All First facilitators take a weekly Covid-19 test.

These conditions apply to all services provided by First. PPE and hand washing facilities are available.

2. Please do advise your class teacher if your child will be absent from any class. There are no refunds for temporary absence from classes (such as holidays or COVID related self isolation). Places with First are not refundable but they are transferable if you decide you would no longer like to attend.

3. Payment for classes is termly in advance or weekly via Direct Debit agreement. Places will be allocated on a first-come first-served basis and we therefore urge you to make payment as promptly as possible to avoid disappointment. Drop in sessions may be offered at a higher rate if there are available places within a session.

4. All children must be accompanied in the class by either a parent or nominated carer. Details of any parent/carers who will/may be attending classes with your child must be provided in advance. First cannot offer care for participating children.

5. Classes operate on the agreed dates and are subsidised by Arts Council England

6. Classes are strictly limited to a maximum of 15 adults (numbers may be less than this in COVID safe small bubble classes). First reserves the right to offer an alternative class when the chosen class is full or to put your details on a waiting list.

7. In the event of any complaints, First aims to settle any problems directly with the attending child's parent/carers. The maximum amount of First liability will not exceed the class fee except in the case of negligence on the part of First.

8. Children should not attend classes if they are ill and in particular if they are suffering from any illness which could be passed on to other children or their parents/carers (please see COVID guidelines in particular above). You should advise your class teacher if your child has developed an illness having attended any First class. Some parents/carers are pregnant and need to be able to make informed decisions about attending classes (such as in the case of German measles).

9. Photography, videoing or recording during classes will be carried out in accordance with photo consent forms. If any parent would not like images of their child published First will not include them on publicity or social media. Photography for the end of project exhibition will be agreed on an individual basis.

10. First classes provide quality time for a parent and one child 18 months or younger. No other children may attend the classes or spectate. There is no provision for childcare at First.

11. First and Spun Glass Theatre will retain your details on a confidential database for First administration and in-house mailings. Your information will not be passed on to any third party with the exception of track and trace in the event of a reported case of COVID symptoms.

12. These terms & conditions set out the entire agreement and understanding in relation to the subject matter of this contract and supersedes any previous agreements between the parties in relation to this contract.